

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Sunday Brunch (DR) 1 2:00 Tea Time (BR) 3:00 Virtual Church (BR)	9:30-4:00 Shuttle 2 10:00 Exercise (BR) 1:00 Crib (BR) 2:00 Tea Time (BR) 3:00 Jessica's Trip Slideshow Again (SR)	9:30 Shop at Terra Losa 3 10:00 Exercise (BR) 12:30-4:00 Shuttle 1:00 Card Games (SR) 2:00 Tea Time & Fall Prevention (BR) 3:00 Card Bingo (SR)	9:30-4:00 Shuttle 4 9:00 Pancake Breakfast (DR) 9:45 River Cree Casino 10:00 Exercise (BR) 12:30 Fall Drive 2:00 Tea Time & Technology Support (BR) 3:00 Stitching w/ Friends (SR)	9:30 Shopping 5 10:00 Mental Aerobics (BR) 12:30-4:00 Shuttle 1:00 Remembrance Day Craft (BR) 2:00 Tea Time (BR) 3:00 Bingo (SR) 3:00 Executive Meeting (CR)	9:30-4:00 Shuttle 6 10:00 Exercise (BR) 11:00-3:00 G&G Designs (L) 2:00 Tea Time (BR) 3:00 Card Bingo (SR)	12:30 Bingo w/ Walter (SR) 7 2:00 Tea Time (BR) 3:00 Happy Hour (SR) 4:00 Word Searches
11:00 Sunday Brunch (DR) 8 2:00 Tea Time (BR) 3:00 In-Person Church (BR)	9:30-4:00 Shuttle 9 10:00 Exercise (BR) 1:00 Crib (BR) 2:00 Tea Time (BR) 3:00 Noodle Balloon (BR) 	9:30 Shop at Terra Losa 10 10:00 Exercise (BR) 11:30 Lunch at Rishuns Happy Diner (Chinese Food) 1:00 Card Games (SR) 1:30-4:00 Shuttle 2:00 Tea Time (BR) 3:00 Card Bingo (SR)	10:30 Remembrance Day Ceremony (BR) 11 2:00 Tea Time (BR) 3:00 Stitching w/ Friends (SR) 	9:30 Shopping 12 10:00 Mental Aerobics (BR) 12:30-4:00 Shuttle 1:00 Karaoke (BR) 2:00 Tea Time & Congdon's Walker Clinic (BR) 3:00 Bingo (SR)	9:30-4:00 Shuttle 13 10:00 Exercise (BR) 2:00 Tea Time (BR) 3:00 Card Bingo (SR)	12:30 Bingo w/ Walter (SR) 14 2:00 Tea Time (BR) 3:00 Happy Hour (SR) 4:00 Word Searches
11:00 Sunday Brunch (DR) 15 2:00 Tea Time (BR) 3:00 In-Person Church (BR)	9:30-4:00 Shuttle 16 10:00 Yoga w/ Jennifer (BR) 1:00 Crib (BR) 2:00 Tea Time & Recreation Meeting (DR) 3:00 Armchair Travel to Montreal (SR)	9:30 Shop at Terra Losa 17 10:00 Exercise (BR) 12:30-4:00 Shuttle 1:00 Card Games (SR) 2:00 Tea Time & Technology Support (BR) 3:00 Card Bingo (SR)	9:30-4:00 Shuttle 18 10:00 Exercise (BR) 12:30 City Cruise 1:30 Birthday Party w/ Bev Bibby (DR) 3:00 Stitching w/ Friends (LB)	9:30 Shopping 19 10:00 Mental Aerobics (BR) 12:30-4:00 Shuttle 2:00 Tea Time (BR) 3:00 Bingo (SR)	9:30-4:00 Shuttle 20 10:00 Exercise (BR) 11:00-2:00 Crib Tournament (BR) 2:00 Tea Time (BR) 3:00 Card Bingo (SR)	12:30 Bingo w/ Walter (SR) 21 2:00 Tea Time (BR) 3:00 Happy Hour (SR) 4:00 Word Searches
11:00 Sunday Brunch (DR) 22 2:00 Tea Time (BR) 3:00 In-Person Church (BR)	9:30-4:00 Shuttle 23 10:00 Exercise (BR) 1:00 Crib (BR) 2:00 Tea Time Tunes w/ Grey Matters (BR) 3:00 Shuffleboard (BR)	9:30 Shop at Terra Losa 24 10:00 Exercise (BR) 11:30 Lunch at Tony Roma's 1:00 Card Games (SR) 1:30-4:00 Shuttle 2:00 Tea Time (BR) 3:00 Card Bingo (SR)	9:30-4:00 Shuttle 25 10:00 Exercise (BR) 12:30 Fall Drive 2:00 Tea Time (BR) 3:00 Stitching w/ Friends (LB) 	9:30 Shopping 26 10:00 Mental Aerobics (BR) 12:30-4:00 Shuttle 2:00 Tea Time (DR) 2:30 General Meeting (DR) 3:00 Bingo (SR)	9:30-4:00 Shuttle 27 10:00 Exercise (BR) 12:30 Zellers Trip Zellers 2:00 Tea Time (BR) 3:00 Card Bingo (SR) 7:30 Pub Night w/ Mike C. (DR)	12:30 Bingo w/ Walter (SR) 28 2:00 Tea Time (BR) 3:00 Happy Hour (SR) 4:00 Word Searches
11:00 Sunday Brunch (DR) 29 2:00 Tea Time (BR) 3:00 In-Person Church (BR)	9:30-4:00 Shuttle 30 10:00 Exercise (BR) 1:00 Crib (BR) 2:00 Chefs Chat (DR) 3:00 Book Club (LB)	BR – Blarney Room SR – Strathcona Room CR – Chelsea Room DR – Dining Room L – Lobby LB – Library P – Patio SL - Solarium All scheduled programs on the calendar are subject to change.				

November